

SNAIX Reports/Professional Opinions

Partial translation: Letter from Uwe Schall to Engelbert Rolli, 21.03.2003

Uwe Schall
Practice for Osteopathy and pain therapy

Koblenz, 21.03.2003

Dear Herr Rolli,
as discussed, I am sending you my „**Experiences with the SNIKE**“:

After a bicycle accident in 1975, at the age of 15, I was suffering from a heavy closed cranio-cerebral trauma... with a 4-week coma and a subsequent hemiplegia on the left.

During the following two years and my stays in clinics and rehabilitation centers, my mobility improved and some steps became possible again.
Further therapeutic measures lead to a slow betterment of my health.

...

1984 I began to qualify as a physiotherapist, later on in manual therapy, Cyrax, sports physiotherapy and absolved a 6 ½ training for osteopathy as well as the training for healers.

The high demands of my 2-year training, with practical work in the mornings, theoretical training in the afternoons and evenings of revising at first greatly reduced my time to do sports, and later on completely. During my internship year in the job, I had no time left for sports. So I had to prioritize if I wanted to end my studies successfully.

...my muscle strength decreased more and more, which lead to limping – because of the accident I had once had.

Since spring 2002 I own a SNIKE. After regular training units of 30 minutes, my strongly disturbed leg motor function had radically and causally improved.
Regular SNIKE training improves my walking and running style (jogging). The disturbed hip-leg-coordination improves noticeably!

The SNIKE is a very useful and important therapeutic device and can very well be combined with other therapies.

I would like to thank for the development of the SNIKE as (self-)therapy device and I am thinking of getting another SNIKE for my private training!

I am motivated again to begin a long distance running training with the aim of doing a marathon. I want to point out again that it is very important to train regularly on the SNIKE in order to give the body a chance to adapt coordinatively and to stabilize.

Kind regards,
Uwe Schall